Our mission: engage students, parents and community members in a safe and fun program of sports to prepare students for successful, healthy living.

Core Values:

- Sportsmanship
- Leadership
- Commitment
- Teamwork
- Integrity
- Fitness

PARTICIPATING SCHOOLS

Diablo View Middle School
El Dorado Middle School
Foothill Middle School
Oak Grove Middle School
Pine Hollow Middle School
Pleasant Hill Middle School
Riverview Middle School
Sequoia Middle School
Valley View Middle School
Expectations For Participating Schools

The following outlines the expectations for all middle school sites participating in the middle school sports program.

Sports Program Overview

The following list of program components shall encompass all sports played:

- Every participant will have an emergency permission slip on file with the Site Coordinator before tryouts begin.
- Each sport will have a designated coach for the team. Each coach/volunteer will follow District guidelines for eligibility to work with students as follows:
  o Fingerprinting and proof of negative TB test though District Personnel Office
  o Proof of CPR/First Aid training
  o Concussion training certificate
- The Site Coordinator will share with their coaches, volunteers and participants the rules of each sport played.
- Every participant in the sports program and their parent/guardian must read and sign the Permission Slip which indicates they have read this handbook.
- All sports participants are to report to their coach or designated staff person once the school day ends. Players are not to leave the school campus but must instead report directly to their coach or designee.
- The participants on each team must match the appropriate grade level. Participants may play up a grade, but not down.
- The Site Coordinator must keep the site Administrator informed of the status of the sport being played, including schedules of games, names and information of coaches, copies of the Code of Conduct and any disciplinary actions taken by the Site Administrator or Coaches.

Accidents/Injuries

- Parents/guardians will be notified immediately of any student accidents or injuries. In the event of a serious accident or emergency, the desired actions of the parent/guardian, as indicated on the signed emergency forms, will be followed.
**Student Transportation to Away Games**

- Students riding the District bus to an away game MUST return on the bus to the student’s home school. This will ensure that all students are safe and accounted for by staff and transportation personnel.

- A list of students who have written permission to attend the game, a copy of the signed parent/guardian permission slip and a copy of each student’s emergency information must travel with the student on the bus to and from the game. The Site Coordinator or designated staff will complete a student head count before the bus leaves to and coming back from an away game. The bus will not leave until all students are present and accounted for.

**Expectations for Intramural Games and Jamborees**

**Home Team**

The following are a list of expectations for the home team at each game:

- The Site Coordinator will greet the visiting team at their bus and escort them to the gym or field, showing them the available rest rooms and changing areas as necessary. At this time, the Site Coordinators from both schools may discuss any issues pertaining to the game (ex., number of players, length of the game, etc.) that may need to be adjusted.

- The Site Coordinator should greet the referees and inform them of any last minute details and answer questions.

- The home team will provide a minimum of one score keeper and one time keeper for each game running. It is the responsibility of the Site Coordinator to ensure these helpers know the rules and expectations for the game.

- For some sports, it may be necessary to provide lines people to call out of bounds, etc. This will be discussed with all Site Coordinator before each sport.

- The home team must provide the score board, time-clock and sports equipment for all games and these must be set-up before the visiting team arrives.

- The Site Coordinator will be responsible for monitoring the doors during games. The only people allowed in the games are home and visiting student team members, teachers, and the relatives of participants (ex., parents, siblings, grandparents). The Site Coordinator may assign an experienced staff person to help monitor the doors if necessary.

- In addition, each site may choose to allow their own students to attend their home games. This is only allowed if those students show their student ID and if the site has an appropriate number of staff and/or teacher volunteers to monitor the crowd. Students from schools other than the hosting school would need to be accompanied by a parent/guardian.

- The Site Coordinator and staff are responsible for ensuring appropriate behavior of students plus that of their sports team, including no booing or poor sportsmanship.
• The Site Coordinator will ensure that each participant is eligible to play. If the participant is failing or receiving any F’s on their progress report, they will be removed from that week’s game and must improve that grade within a week to continue playing.
• The Site Coordinator is responsible for also monitoring the spectators and ejecting from the game anyone who is causing a disruption.
• The Site Coordinator must email the game results to the District Middle School Sports Administrator by the next day.

Visiting Team

• The visiting team will send the Site Coordinator, Coaches, and any additional staff/volunteers with the team on the bus to every away game.
• The visiting team will have a permission slip for each participant for that game. Permission slips must be signed by the parent/guardian and must include the date, time, location and purpose of the trip. Those who do not have a signed permission slip may not board the bus.
• The Site Coordinator will ensure that each participant is eligible to be able to play a game. If the participant is failing or receiving any F’s on their progress report, they will be removed from that week’s game and must improve that grade within a week to continue playing.
• The Site Coordinator attending the game must bring the following with them: copies of permission slips, emergency cards and sign-out sheets for every participant; first aid supplies, and any other refreshments or equipment needed by their team.
• The Site Coordinator and staff attending the game must escort their players around campus at all times, including to the restrooms/changing areas, to and from the bus, etc.
• The Site Coordinator and staff are responsible for the conduct of their players and must take disciplinary action when necessary.

If any of these expectations cannot be met, the Site Coordinator for their site must contact their site administrator or District Middle School Sports Administrator in advance to inform them of the conflict.
Preamble

The Mt. Diablo Unified School District believes in the ideals of good sportsmanship, ethical behavior, and integrity in the middle school sports programs. The promotion of good citizenship and high behavior standards are expected at all times. This program is a privilege available to middle school students in the Mt. Diablo Unified School District.

Students are expected to be positive role models for their peers and shall exhibit positive behavior at all times both on and off the field.

The Mt. Diablo Unified School District Middle School Sports Program is a non-competitive program which promotes fairness and good sportsmanship. Students shall be encouraged to play sports, regardless of perceived ability level. No student will be cut from an athletic team due to perceived ability level, and every effort will be made to give all students equal playing time.

Student Expectations

1. Students will respect opponents, fellow students, coaches and spectators.

2. Students will participate in every practice as required by coaches. Exceptions will be made by coaches on a case by case basis when academics need to take a priority.

3. Students will maintain eligibility requirements which include no F's.

4. Students will ensure behavior and attendance requirements are met.

5. Students will not use illegal drugs, alcohol, tobacco, or any other harmful substance.

6. Students will respect all school and district property.

7. Students will demonstrate good character and sportsmanship.

Failure to abide by these rules will result in consequences set by school administration. Consequences may include disciplinary action in accordance with California Education Code and may include loss of after school athletic privileges.

Parent and Coach Responsibilities

Parents and coaches will strive to make the Middle School Sports Program a positive and uplifting experience for students. Parents and coaches should guide students towards respecting each other, other teams and their coaches. Parents and coaches should also encourage students to keep academics
as the students’ first priority. Parents and coaches will abide by and enforce all site and district policies wherever applicable.

**Schedule Information**

The following are schedule guidelines and are approximate times. Please plan accordingly. Information may be subject to change by the Site Coordinator, Coach, Referee or site Administrator.

- Practices generally are held for one hour after school.
- All games begin at 3:30 p.m. and will be played on Mondays.
- Games should last approximately one hour.
- If a game practice is cancelled due to weather or other site considerations, the decision will be made by approximately 11:00 a.m. every day.
- Parents should arrange to have students picked up from the site hosting the game immediately after the game, or from the students’ home school immediately following the teams return.